



January 2020

Newsletter Highlights

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Members of the Board

Pat Goosev
 Barbara Kramer
 Shirley Lindal
 Elena Sanchez
 Garrick Stuhr
 Lucy Villarreal



Message from the Director

Carol Winchester, Executive Director

Dear Supporter,

For you created my inmost being, you knit me together in my mother's womb. – Psalms 139:13

I suspect few of you tuned into last weekend's Golden Globes award show, but many may have heard about one of the more despicable moments of the program when actress Michelle Williams stepped up to the microphone to accept her trophy. Beaming, she proudly suggested the only reason she was receiving the award was because she had aborted her baby that would have otherwise derailed her career.

"I'm grateful for the acknowledgment of the choices I've made, and I'm also grateful to have lived at a moment in our society where choice exists. Because as women and as girls, things can happen to our bodies that are not our choice", she said. Michelle goes on to say, "I wouldn't have been able to do this (win the golden globe) without employing a woman's right to choose: to choose when to have my children, and with whom."

My heart breaks for the darkness...

One article I read suggested that this was the most 'powerful' moment of the golden globes. My heart breaks for the darkness this woman is in. January is Sanctity of Human Life month. January 19 is Sanctity of Human Life Sunday. What does it mean to believe in the Sanctity of Human Life?

The phrase "sanctity of life" reflects the belief that, because we are made in God's image (Genesis 1:26-27) ALL (young, old, disabled, unborn) human life is inherently sacred and should be valued and protected at all times.

42.4 million babies' lives were taken by abortion

When my friends found out they were expecting a baby with Down Syndrome, one of the first questions from the doctor was if they wanted to abort. In 2019, the worldwide leading cause of death was abortion; 42.4 million babies' lives were taken by abortion.

In a class I recently took, the instructor put into perspective the loss we're experiencing in the United States through abortion. He reminded us of 9-11 and the 3,000 lives that were lost that day. How we never forget those who lost their lives and we remember the event every year. Yet we are losing 3,000 human beings a day through abortion.

Many in main stream media are watering down language in an effort to make a fetus less human. They are using such words as "embryonic pulsing" instead of heartbeat.

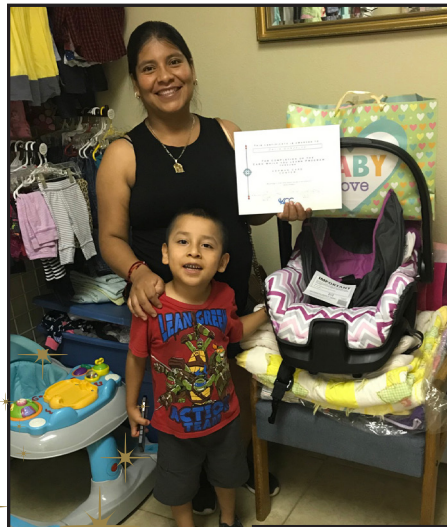
Because of your prayers and support we are able to provide valuable resources to the woman

(cont'd on page 3)

Staff & Stories

Celebrating with a Few of Our Clients 2019

Babies are a bit of STARDUST blown from the Hand of God



Our Mission

Kerman Care Center is a non-profit organization which exists to promote an abstinent lifestyle for the unmarried, offer life-affirming alternatives to those facing an unplanned pregnancy, and equip individuals through education and factual information

Our services promote wellness for our clients, their families, and the community.

All of our services are free. We depend on the support of individuals and organizations.

Ways to be Pro Abundant Life

Sometimes it's difficult to find practical ways to live out your pro-life beliefs. So here are seventeen practical ways for you to live out your beliefs right in your community. Some ideas are as simple as saying a quick prayer; while others will require planning or financial investment. Take them in whatever order you're most comfortable with, and add your own! This is meant to be a simple tool to help you get started.

Here are just a few of the ways you can be intentionally, effectively Pro-Abundant Life!

- 1 PRAY that women and men making pregnancy decisions will choose life and choose Christ
- 2 PRAY for Kerman Care Center, your local Pregnancy Care Center
- 3 SUPPORT Kerman Care Center financially
- 4 WEAR a Pro Abundant Life t-shirt when you go out
- 5 WRITE Kerman Care Center, or other Pregnancy Care Center, a card of encouragement
- 6 ASK what donations are needed, and collect them for the Center
- 7 PRAY for local abortion clinics and workers
- 8 "ADOPT" a single parent, and include them and their child(ren) in your family activities
- 9 PRAY for women who are being pressured to abort by a parent, a partner, or employer; that they will have courage and choose life
- 10 IDENTIFY your local pro-choice elected officials and write them a letter of encouragement and thanks
- 11 PRAY for your local elected officials
- 12 SHARE your own Pro Abundant Life vision on your social media accounts
- 13 MENTOR a struggling young woman or man for six months
- 14 PRAY for other life-affirming ministries
- 15 ORGANIZE a weekly meal for one year for a new single parent, foster, or adoptive family
- 16 TALK to your church about supporting Kerman Care Center, or other Pregnancy Care Center
- 17 BUY gift cards and donate them to a Pregnancy Care Center for their clients

Message from the Director

(cont'd from front page)

(and men) who come to Kerman Care Center. Women like "Sherry" who came to the center for a pregnancy test. She already had an infant at home and found herself with an unexpected pregnancy.

She did not know how she was going to manage two babies. While her mom helped with her baby, she was not happy about this pregnancy. Sherry was able to discuss her fears and begin parenting classes. She works full time but manages to come to the Center during her lunch hour. After time, her mother has come to accept and became excited about the pregnancy.

...from pacifiers to strollers.

Our organization is 100% donor funded

As you continue to read this newsletter you will find many ways in which you can affirm life. I don't often make outright appeals, but one of those ways is to support organizations like Kerman Care Center with your donations. These donations can be monetary in nature or can be new or lightly-used items for our Baby Boutique which provides many necessary items for our moms from pacifiers to strollers. Our ministry is 100% donor funded.

Thank you to all of you who support us and remember, "Truly I tell you, whatever you did for one of the least of these brother and sisters of mine, you did for me." – Matthew 25:40

SANCTITY OF HUMAN LIFE SUNDAY

January 19, 2020

“For it was You who created my inward parts; You knit me together in my mother’s womb. I will praise You because I have been remarkably and wonderfully made.”

Psalm 139:13-14, HCSB

*Save
the
Date*

Kerman Care Center’s
Annual Fundraising Dinner
will be on
Friday, May 15, 2020
held at
Tornino’s Banquets
in Fresno



- Free Pregnancy Testing
- Earn While You Learn Parenting Classes
- Birth and Breastfeeding Classes
- School Presentations on Life Skills
- Court-Ordered Parenting Classes
- Anger Management Courses
- Community Resource Referrals



Life-Affirming Alternatives

We offer FREE and Confidential Resources to Help Women and Men
Navigate the Challenges of Unplanned Pregnancies,
in a Safe and Encouraging Environment

Office Hours

Tuesday, 10:00a to 5:00p | Wednesday, 10:00a to 5:00p | Thursday, 10:00a to 5:00p

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